

FREE Grocery Delivery For People—Isolating, Vulnerable, over 70

Sikh Aware – You only pay for your groceries

Order your groceries by 12pm and we will shop for you
strive to provide free next day delivery.

PLEASE NOTE THAT VOLUNTEERS WILL NOT DELIVER ANY ALCOHOL OR TOBACCO PRODUCTS

West Auckland - 027 7111 707

North Shore – 027 6148 617

East Auckland - 021 1797 965

South Auckland – 022 3932 394

Central Auckland – 021 529 437

Auckland CBD & Remuera – 021 442 848

SIKH AWARE – 022 393 2394 or 022 177 0399



ARE YOU IN SELF ISOLATION OR QUARANTINE?
Are you having flu symptoms?
Need support to get groceries?
GET FREE DELIVERY OF GROCERIES
(You pay only for the groceries)

WE WILL SHOP FOR YOU

Sikh Aware is providing
FREE GROCERY DELIVERY
in various cities across New Zealand.

Order your groceries by 12pm. We will shop for you
and strive to provide free next day delivery.

Please note that volunteers will not deliver any alcohol or tobacco products

<small>Auckland CBD & Remuera: 021442848</small>	<small>Hamilton: 0220199025</small>	<small>Christchurch: 0211202553</small>
<small>Central Auckland: 021529437</small>	<small>Wellington: Central & South: 0217327274</small>	<small>Hamilton: 02041031965</small>
<small>East Auckland: 0211797965</small>	<small>Upper/Lower Hutt: 02102298484</small>	<small>Gisborne: 0212507285</small>
<small>West Auckland: 0217111037</small>	<small>Rotorua: 0217819623</small>	<small>Whangarei: 0217681854</small>
<small>North Shore: 0216148617</small>	<small>Queenstown: 02211710399</small>	<small>Tauranga: 0229510961</small>
<small>South Auckland: 0223932394</small>	<small>Napier: 021595138</small>	<small>New Plymouth: 0210195495</small>

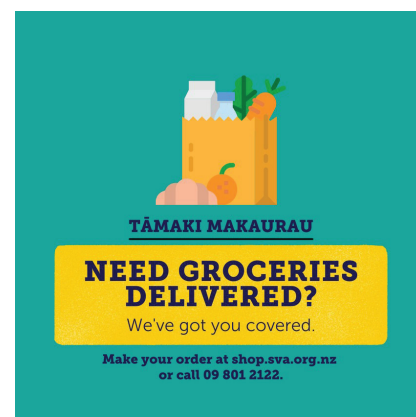
SIKH aware 0223932394 or 0221770399
www.sikhaware.org.nz

Student Volunteer Army –

Order here - <https://shop.sva.org.nz> or visit
<https://sva.org.nz/> or call 098012122

The SVA Grocery Delivery Service is currently operating in
Auckland, as of the 19th August 2021 (from 12pm onwards).
Anyone who would like to use this service is welcome to
(whether you're immunocompromised, have small children
at home, or could just do with some extra support).

We're here to help you through this.



TĀMAKI MAKAUURAU

NEED GROCERIES DELIVERED?
We've got you covered.

Make your order at shop.sva.org.nz
or call 09 801 2122.

WEST FOOD BANKS

HOPE FOOD BANK

Last updated 22/06/2021 - FSD0024314

We are funded by the MSD Community Food Response Fund to provide food to people in the
Community

44H4 Portage Road, New Lynn, Auckland, 0600 - **Local**

hopecentrefoodbank@gmail.com - (021) 080 48436

<https://www.facebook.com/encounterhopefoundation/>

Open Wednesday Thursday and Friday's from 10am to 2:45pm

All services free of charge — No referral required.

NORWEST FOOD BANK

Last updated 08/06/2021 - FSD0024275

Norwest Food Bank is committed to caring for our community. We provide a delivery-only
food parcel service for those requesting assistance. And for those needs that go beyond the
pantry, we provide community support callouts with our network ...**Local**

norwestfoodbank@gmail.com

(021) 086 33785 — (022) 568 6337

<http://www.norwestcaretrust.org.nz>

Parcels are prepared and delivered on Wednesdays & Fridays, 10am - 12pm. (Note: Requests
via Text, Voicemail and Email can be received at any time.)

All services free of charge.

WEST FOOD BANKS

SEED 2 HARVEST TRUST

Last updated 05/07/2021—FSD0024310

Vision: Strong Values = Strong Families = Strong Communities Mission Statement: To initiate and establish programmes that are empowering. Creating platforms that approach leadership development, entrepreneurial opportunities, sustainable li... **Local**

seedtoharvest15@gmail.com — (021) 678 192— <https://www.seed2harvest.co.nz/>

CLICK on our website and from the HOMEPAGE scroll down to "S2H Food Parcel" TAB - click and complete the form - the team will arrange a parcel for you. We are a Distribution Hub ONLY for deliveries.

All services free of charge. No referral required.

COMMUNITY SUPPORT WAITAKERE - LAINGHOLM

Last updated 02/03/2021 - FSD0024348

The Laingholm area of Neighbourhood Support Waitakere is working to provide a broad range of resources including food relief, financial & budgeting advice, emotional & mental well-being support, schooling & childcare support to help empower

21 Laingfield Terrace, Laingholm, Auckland, 0604 - **Local Accessibility**

support@laingholm.net — (0800) 007 008 — (021) 28 38 062 — <https://laingholm.net>

7am - 7pm 7-days a week available after these hours only if vitally necessary

All services free of charge. No referral required.

THE FONO WEST

Last updated 28/09/2020 - FSD0003550

We offer a range of medical, dental, pharmacy, social and public health services. Our friendly, professional team are here to provide top quality service for everyone.

Head Office, 411 Great North Road, Waitakere City, 0612 - **Local**

headoffice@thefono.org — (09) 837 1780 — (0800) FON04U— <http://www.thefono.org>

Monday-Friday 8:30am-5pm

Classifications: BFC FVSS PACIFIC

VISIONWEST

Last updated 15/01/2021 - FSD0020227

Visionwest exists to meet the needs of people in the West Auckland community and beyond. As a community development based organisation, our vision is to build a place of trust and openness where people feel valued and loved. - Building 7, 97 Glendale Road, Glen Eden, Auckland, 0602 - **Local**

office@visionwest.org.nz — (09) 818 0700 — <http://www.VisionWest.org.nz>

Our Main Office for our Campus is open Monday to Friday 9am - 5pm. Opening times of different services within the Trust may vary.

Classifications: BFC YS

FAMILY WORKS WAITAKERE

Last updated 09/12/2020 - FSD0006493

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we're committed to creating a better life for ...

2171 Great North Road, Avondale, Auckland, 0600 - **Local Accessibility**

admin.waitakere@fwn.org.nz — (09) 835 1288 — <https://www.familyworksnorthern.org.nz/service-centre/auckland-west>

Monday - Friday 8.30 am - 5.00 pm — All services free of charge.

THE SALVATION ARMY - WAITAKERE CENTRAL

Last updated 29/04/2021 - FSD0008237

Worship, community and welfare services of The Salvation Army

7-9 View Road, Henderson, Auckland, 0612 - **Local**

WaitakereCentral_Corps@nzf.salvationarmy.org — (09) 837 4471

<https://www.salvationarmy.org.nz/centres/nz/auckland/waitakere/waitakere-central-corps>

Community and Family Services: 9.00am - 5.00pm, Monday to Friday.

Classifications: BFC

RANUI BAPTIST COMMUNITY CARE

Last updated 22/06/2021 - FSD0019697

Goals of the Trust are: • To provide leadership, direction and resources which will enable the Church to minister to its local community by seeking to meet social, emotional, physical, spiritual and educational needs of the people

464 Swanson Road, Ranui, Auckland, 0612 - **Local Accessibility**

adminsupport@careranui.org.nz — (09) 833 7815— (021) 143 5457

<http://www.careranui.org.nz>

Monday to Friday 9:00am to 5:00pm.

Classifications: BFC THP

WEST FOOD BANKS

TE WHANAU O WAIPAREIRA TRUST

Last updated 09/08/2021 - FSD0003672

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support, Prison visits, Residential services, Health services, GP's...

Level 2 Whanau House, 6-8 Pioneer Street, Waitakere, Auckland, 0612 - **Local**

referrals@waiwhanau.com — (09) 836 6683 — (0800) 924 942 — <https://www.waipareira.com/>

8.30am - 5.00pm Monday - Friday

Classifications: **BFC** **fvss**

THE SALVATION ARMY - NEW LYNN

Last updated 29/04/2021 - FSD0005938

Worship, community and welfare services of The Salvation Army

32 Delta Avenue, New Lynn, Auckland, 0600 - **Local**

newlynn_corps@nzf.salvationarmy.org — (09) 827 3128 —

<https://www.salvationarmy.org.nz/centres/nz/auckland/new-lynn/new-lynn-corps>

Mon - Fri 9.30am - 1pm for food bank.

Classifications: **BFC**

THE ABOVE INFORMATION IS SOURCED FROM THE FAMILY SERVICE DIRECTORY-

Use this link to view — <https://www.familyservices.govt.nz/directory/>

Businesses That Are Doing Contactless Delivery During Level 4

MEAL / KAI BOXES

Kete Kai - <https://ketekai.co.nz>

Angel Delivery - <https://www.angeldelivery.co.nz>

Casual Foodie - www.casualfoodie.co.nz

My Food Bag - <https://www.myfoodbag.co.nz>

Hello Fresh - <https://www.hellofresh.co.nz>

Woop! - <https://woop.co.nz>

Jess' Underground Kitchen - <https://www.juk.co.nz>

Get Fed - <https://www.getfed.co.nz>

Fitfood - <https://www.fitfood.nz>

Muscle Fuel - <https://musclefuel.co.nz>

Food Box - <https://foodbox.co.nz/>

MEATS / FISH & FROZENS

Aussie Butcher New Lynn – Please note, they only offer LOCAL DELIVERY to these four postcodes - **0600** - New Lynn & Blockhouse Bay, **0602** - Glen Eden, Glendene & Kelston, **0604** - Green Bay, Titi-rangi to Parau, **1026** - Avondale –

<https://www.aussiebutchernewlynn.co.nz/collections/reubens-meatboxes>

Aussie Butcher Henderson – Check their facebook page with dates and times for when they will be taking orders again - <https://www.facebook.com/AussiebutcherHenderson>

Oceanz Seafoods Henderson – order online here - <https://www.oceanzhenderson.co.nz/>

Oceanz Seafoods New Lynn - order online here - <https://www.oceanzhenderson.co.nz/>

My Meat – Delivers Auckland Wide - <https://www.mymeat.co.nz/>

Foodchain at Home - Meat, fish, deli goods & frozen - <https://foodchainathome.co.nz>

Gourmet + Direct <https://gourmetdirect.co.nz>

Clarks Organic Meats - <https://www.clarksorganicbutchery.co.nz/>

Mad Butcher Mount Roskill - <https://madbutcher.co.nz/mt-roskill/>

Redhills Butcher – View their Facebook page for more information – Further orders are on hold until the next government update on level changes on Monday 30th August – Set area for delivery -

<https://www.facebook.com/Redhills-Butcher-966474593550364>

Westmere Butchery - \$10 delivery for Auckland ONLY

Check their facebook page - <https://www.facebook.com/Westmerebutchery>

Businesses That Are Doing Contactless Delivery During Level 4

MEATS / FISH & FROZENS

Meat Merchant Whenuapai - Click & Collect service available during Level 4 Lockdown.

www.MeatMerchant.co.nz - We aim to have all orders completed within 24hrs

Tuesday-Saturday 8am-1pm - 2pm-4pm— Facebook page - <https://www.facebook.com/meatmerchant>

Food Chain at Home – Minimum order for delivery is \$50 - \$10 delivery in Auckland – take orders

Monday to Friday - <https://foodchainathome.co.nz/>

Specials - <https://foodchainathome.co.nz/catalog/limited-time-specials-100026.htm>

BREAD

Dough Boys Bakery – <https://www.doughboysbakery.co.nz/shop>

Zeki's Mediterranean Bakehouse - <https://www.zekisbread.co.nz/online-store>

Daily Bread - <https://dailybread.co.nz/>

OTHER SUPERMARKETS / WHOLESALERS

Paddock to Pantry – <https://paddocktopantry.co.nz>

The Honest Grocer— <https://thehonestgrocer.co.nz/home>

Bidfood – BidfoodHome is delivering food, beverages & kitchen supplies directly to your home, safely. And deliver to rural addresses. Minimum order \$200 + \$10 delivery + GST.

<https://www.bidfood.co.nz/>

Tasi Market – Vegetables, Fruit, Spices, Frozen Food, Groceries & Bulk Food. Wide range of Pacific

Island and Indian grocery. PM their Facebook page to order - <https://www.facebook.com/tasimarket>

[tasimarket](https://www.facebook.com/tasimarket)

SNACKS & TREATS - ONLINE FOR DELIVERY

Proper Hand Cooked Crisps - <https://www.propercrisps.co.nz/>

Serious Food Co – Popcorn and other snacks - <https://www.seriousfoodco.com/>

Simply Homemade – contact via their Facebook page - <https://www.facebook.com/simplyhomemadeldtd>

[simplyhomemadeldtd](https://www.facebook.com/simplyhomemadeldtd)

Grown Up Donuts – text on 0220900658 with your Name, Address and How many Donuts you'd

like and our team will call you back for payment. Minimum Delivery will be for 6 Donuts with a \$13

Delivery fee. Check out their facebook page for further information - <https://www.facebook.com/Grownupdonuts>

[Grownupdonuts](https://www.facebook.com/Grownupdonuts)

ORGANIC

Naturally Organic - <https://naturallyorganic.co.nz>

Ooooby - www.ooooby.co.nz

Ceres Organics - <https://shop.ceres.co.nz>

Family Pantry - <https://familypantry.nz>

Nourish & Thrive - <https://nourishandthrive.co.nz>

Huckleberry – online shopping is temporarily suspended due to demand – keep an eye out for when

its reinstated - <https://www.huckleberry.co.nz/>

Refill Nation - <https://refillnation.co.nz/collections>

FRUIT & VEGE

Fresh Fruits & Veges - www.freshfruitsandveges.co.nz

Fruit Guys - www.fruitguys.co.nz

FruitWorld – Online orders have been suspended but you can subscribe to receive a

notification when orders start again <https://fruitworld.co.nz>

Kiwi Fresh Direct – Next delivery is Monday 30th August - <https://kiwifreshdirect.co.nz>

Chev2home – Fresh produce – also milk and eggs - <https://www.chev2home.co.nz/>

CARE PACKAGES

Watties – Can be sent during lockdown – different bundle options— [https://wattiestohome.co.nz/?](https://wattiestohome.co.nz/?fbclid=IwAR2V9kJI3xOD1pQ8RfJZxZw09yXuf4hCq7FkKP-nu1i24jVeETbdCa1P5I)

[fbclid=IwAR2V9kJI3xOD1pQ8RfJZxZw09yXuf4hCq7FkKP-nu1i24jVeETbdCa1P5I](https://wattiestohome.co.nz/?fbclid=IwAR2V9kJI3xOD1pQ8RfJZxZw09yXuf4hCq7FkKP-nu1i24jVeETbdCa1P5I)