

Local Community Support Network

Sharing and Caring for each other

NEED
HELP?

FREephone **0800 007 008**

EMAIL support@laingholm.net



Food

Food Parcel for you or someone else, other essential supplies, or deliveries needed



Wellbeing

Anxiety, distress, emotional or mental support needs, a local person to talk with



Schooling

Resources or Education advice for parents & school students



Money

Financial advice or help with budgeting



Something Else

Accommodation, Animal Welfare, Refer Someone Else, Provide us with help

In an Emergency, always call 111

USE 105 FOR POLICE NON-EMERGENCIES

- COVID-19 General Information: [covid19.govt.nz](https://www.covid19.govt.nz) Freephone 0800 779 997 (8am - 10pm, 7 days a week)
- COVID-19 Healthline 0800 358 5453, Free Counsellors Freephone or text 1737 (24/7)
- Food & other essential goods (VISIONWEST PATAKA KAI) Phone 09 818 0781
- WINZ Financial Support: <https://tinyurl.com/ukejmw1> or Freephone 0800 559 009
- Accommodation Temporary Support Freephone: 0508 754 163
- Animal Welfare Emergencies SPCA (09) 256 7300, Stray Dogs Auckland Council (09) 301 0101

Please remember to wash your hands for 20 seconds, avoid close physical contact outside your bubble, and be kind to each other as we get through this challenging time together.



A Neighbourhood Support Initiative in cooperation with:

